Dirty water can make you very sick!
You can not tell by looking at water if it is clean or dirty
Always purify water before you drink!

Boiling water is another method of purification

Bring water to a hard boil
Continue boiling for five (5) minutes
Store water in container with tight lid
Do not use a cup or ladle to get the water – use a tap or pour it.

The best way to purify water is to use more than one method

Leave undisturbed for six hours in bright sun OR two days if cloudy sky

Use your clean water for
• Drinking (hydration)
• Cooking
• Hand washing
• Brushing teeth
• Washing your body
• Cleaning wounds
• Cleaning dishes and utensils