TEAM MEMBER DEFINITION
• Team members have been accepted to an IMR team and paid a minimum of 50% of the required
donation for that team.
  • Specific flight information, departure information, and hotel information will only be
    provided to IMR Team Members.
  • Team Members on IMR trips may choose to fly on an IMR group flight from a single point of
    departure in the United States or to fly “independently.”
• You will receive an itinerary and a departure packet with emergency phone numbers and customs
  documents approximately 10 days prior to departure.

YOUR RESPONSIBILITY IN TRANSIT
• IMR reserves the right to schedule travel 24 hours prior to or after the published trip dates.
• IMR will begin hosting you all-inclusively once you are in country and have met the team at the
  designated meeting place.
• IMR is not responsible for any costs incurred in transit or costs incurred due to flight delays or
  cancellations for any reason. We recommend you purchase travel insurance.
• You may want new United States currency and a credit card that you don’t typically use (in case of
  loss) available for common or unanticipated expenses.
• If you fail to meet the team as designated, additional costs to join the team are at your expense.
  IMR will make every effort to help you join the team, but this may not be possible on every trip.
• Our trips frequently include additional transportation between the main arrival airport in-country
  and the starting point of the trip. If you are traveling independently, you are responsible to meet
  the team at the designated meeting place at your expense.

TRAVEL INSURANCE
• Travel Insurance is highly recommended for all of our volunteers.
• It is your responsibility to choose and purchase this insurance, if desired. Read the policy carefully.
FLYING ON AN IMR GROUP FLIGHT

- IMR will provide two group flight choices for your convenience:
  - ECONOMICAL FLIGHT: An economical option with longer routings and layovers in exchange for a less expensive flight. Some layovers may be long enough to allow you to have a city tour at your own leisure.
  - PREMIER FLIGHT: A more direct routing that is a higher cost for those of you looking to save time.
- We can include routing directly from your hometown as an added convenience and at an additional cost.
- The cost of either group ticket will be at the airline cost when the ticket is issued.
- There is no customized routing with this ticket.
- Use the full baggage allowance of the ticket for our personal needs and any donations you are bringing.
- You are responsible for all costs incurred during transit including missed flights, airline delays, and cancellations. We highly recommend that you purchase trip interruption/cancellation insurance prior to your trip.
  - This includes, but is not limited to, food, lodging, extended delays, the personal choice of purchasing a new ticket, and all other expenses during the course of travel to and from your IMR trip.
  - We recommend having a credit card with you to cover these expenses should a cancellation, delay, or missed flight interfere with your travel plans.
FLYING INDEPENDENTLY (PURCHASING YOUR OWN INTERNATIONAL TICKET):

- IMR offers you the opportunity to fly independently. You must choose the Independent option in your account.
- IMR will not know the exact dates of travel or arrival and departure information until 13 to 11 weeks prior to departure when the subsidized tickets are purchased.
- We encourage you to extend your stay to see the wonders of the country around you. The world is a truly amazing place to visit!
- If you want to fly directly from your home city to the international arrival city, fly independently. This can save valuable time and money because you don’t have to meet the team at a specific airport in the United States.
- You can choose your flight times, airline, cabin, and use your checked bag allowances for your personal gear and donations for your patients.
- Please purchase your own independent flights based on the published general itinerary on the trip information page on our website.
- Any costs incurred in transit are your responsibility including but not limited too hotel, food, and taxi fees.
- IMR is not able to make your travel arrangements for you with this option but we can help you with the arrangements.

CHECKED BAGS

- Airlines vary in their requirements and fees for checked and carry-on bags.
- You are responsible for knowing the requirements on flights you book and for any fees associated with checked baggage on these flights.

CARRY-ON BAGS

- We recommend that you pack as much of your personal gear in your carry-on bag.
- Checked bags are frequently lost and you may not be able to replace your personal clothes and other items due to time constraints upon arrival. Lost bags are frequently never found or arrive after the team has returned home.
- We hope you will want to save your checked bag allowance for needed medical and community health education supplies for your patients.
TIPS AND TRICKS FOR YOUR TRIP

• Your VOLUNTEER RESOURCES page has lots of great information to help you prepare for your trip.  http://www.internationalmedicalrelief.org/volunteer-resources

• Currency
  - Bring a credit card that you don’t typically use (in case of loss) available for these expenses. In general, you will not be able to use a credit card outside of airports or major cities.
  - Visa or Mastercard are widely accepted in airports.
  - US dollars: New (>2006), unmarked, pristine bills are required in most countries. You will need to exchange to the local currency if you are traveling in rural areas.
  - To determine if local currency is traded in the United States:  http://www.travelex.com.
  - If the local currency is not traded in the United States, you will normally be able to trade at the airport upon arrival. The larger the US bill, the better the rate is a rule of thumb.

• Laundry
  - Most trips will allow you to do laundry during the trip for a small fee. Don’t over pack!

• Personal Medications
  - Bring your personal medications in their original containers

• IMR Subsidized ticket holders:
  - Do not check personal bags from your home city all the way through to your final destination. If you check personal bags all the way through from your home city, you will not be able to check the required IMR bags without being responsible for significant excess baggage charges.
  - If you check bags to the designated IMR departure city, you will need to claim your bags at baggage claim and recheck or take as a carry-on. You will need extra time to do this so plan accordingly when you book your domestic ticket.